

# Lunch

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## Appetizers & Salad

### FRENCH ONION SOUP

Served with herb crouton, Provolone & Swiss 6

### SOUP DU JOUR

Made fresh daily 4

### SHRIMP COCKTAIL

Five jumbo shrimp served with cocktail sauce 11

### PARMESAN & BASIL RISOTTO 8

### HOMEMADE HUMMUS 9

### AVOCADO & FRUIT SALAD

Diced avocado, tomatoes, onions, cucumber, strawberries & watermelon in a honey lime vinaigrette with spicy micro greens. 13

### ADD TO THE FOLLOWING SALADS

Sesame Tofu 3

Grilled Chicken 4

Fried Shrimp 5

Grilled Shrimp 8

### GREEK SALAD WITH GRILLED CHICKEN

Romaine lettuce, roasted red pepper, Roma tomato, red onion, cucumber, kalamata olives and feta cheese, tossed in a low fat Italian dressing, topped with grilled chicken 15

### STRAWBERRY SALAD

Mixed greens with fresh strawberries, candied pecans, crumbled gorgonzola with house-made strawberry vinaigrette 13

### CAESAR SALAD

Fresh Romaine lettuce with garlic croutons, Parmesan cheese curls, and homemade dressing 10

### SOUP & SALAD

Choice of the Strawberry Salad, Caesar Salad or Avocado & Fruit Salad 14

With Greek Salad 15

## Entrees & Pasta

### ROASTED SALMON

With parmesan basil risotto 23

### CHEDDAR MAC & CHEESE

Served with cheddar garlic biscuits 10

Choice of toppings:

Bacon, onion, peppers or mushrooms .35

### SMOKED GOUDA MAC & CHEESE

Served with cheddar garlic biscuits 10

Choice of toppings:

Bacon, onion, peppers or mushrooms .35

### 8oz. SIRLOIN STEAK

On garlic italian bread served with French fries 21

### GRILLED CHICKEN BRUSCHETTA 17

## Grilled Pizza

### CREATE YOUR OWN PIZZA

With mozzarella cheese 9

Choice of toppings:

Onion, mushrooms, peppers, sausage, pepperoni .50

### BUFFALO CHICKEN

Chicken tenderloins in a spicy bleu cheese cream sauce topped with blended cheese 11

### PESTO & SPINACH

With roasted red pepper & feta cheese 11

### PHILLY CHEESESTEAK

Shaved beef, peppers, onions & mushrooms topped with mozzarella cheese 11

## Sandwiches & Wraps

### BUFFALO CHICKEN WRAP

Choice of multi grain, tomato or spinach wrap 11

### THAI VEGETABLE WRAP

Napa cabbage, bell peppers, carrots, onion & snow peas tossed in our signature Citrus Thai vinaigrette 9

with chicken 13

with shrimp 15

### CALIFORNIA TURKEY CLUB

Smoked turkey, lettuce, tomato, bacon, cucumber and roasted red pepper on a toasted ciabatta roll with a trio of infused mayo 12

### CLASSIC TURKEY CLUB

Smoked turkey, lettuce, tomato and bacon on grilled wheat bread with seasoned mayo 12

### PHILLY CHEESESTEAK

Shaved beef, peppers, onions & mushrooms topped with provolone served on a grilled sub roll 12

### SOUP & SANDWICH DU JOUR 12

### PANINIS

#### ITALIAN PANINI

Capicola, pepperoni & salami with provolone cheese 12

#### TURKEY, MAPLE CHEDDAR & BACON 13

#### GRILLED CHICKEN

With tomato bruschetta & provolone cheese 13

## From the Grill

### JUMBO LUMP CRAB CAKE

With lettuce, tomato, tartar sauce & avocado served on an onion roll 13

### VEGETARIAN BURGER

Black bean & corn patty topped with salsa & fried jalapenos served with lettuce, tomato, onion & marinated Portobello mushrooms on a Kaiser roll 11

### BURGERS & SANDWICHES BELOW INCLUDE

choice of toppings:

Cheddar, American, Provolone, Onions .35 each

#### TURKEY BURGER 12

#### HALF POUND BURGER 12

#### KOBE BURGER 16

#### GRILLED CHICKEN 12