



Good Morning!



Sheraton
Syracuse University
HOTEL & CONFERENCE CENTER

From the Grill

Buttermilk Pancakes Served with Powdered Sugar, Butter & Maple Syrup \$10

Add Blueberry, Chocolate Chips, or Banana \$11

Texas French Toast Thick Texas style toast dipped in cinnamon egg batter and grilled to a golden brown \$11

Crème Brulee French Toast French Bread With Raspberry Hollandaise \$12

Gluten Free French Toast Served with Powdered Sugar, Butter & Maple Syrup \$11

Belgian Waffle Served with Powdered Sugar, Butter & Maple Syrup \$11
Add Whipped Cream & Compote of Seasonal Fresh Berries \$1

Eggs, Omelets, Frittatas

Two Eggs Any Style with home fries and choice of toast or English Muffin \$8

Egg White Omelet with spinach, onions and cheddar Served with diced seasonal fruit \$11

Three Egg Omelet Your Way Choice of any three items: ham, bacon, onions, peppers, mushrooms, tomato, spinach, broccoli or cheddar cheese, with home fries and choice of toast or English muffin \$11

Egg White Omelet with tomato, pepper, avocado, pepper jack and fruit \$11

Vegetarian Frittata with potato, onions, peppers, spinach, tomato, cheddar and choice of toast or english muffin \$12

Meat Frittata with potato, onions, sausage, ham, bacon, cheddar and choice of toast or English muffin \$12

Western Omelet Three egg omelet with peppers, onions, ham and cheddar cheese, with home fries and choice of toast or English muffin \$11

American Champ Two eggs any style with choice of ham, bacon, sausage link or patty, with home fries and choice of toast or English muffin \$10

House Specialties

Hot Fruit Strata for 2 to 4 people \$8

Eggs Benedict Two poached eggs served on a toasted buttermilk biscuit, topped covered with hollandaise and your choice of:

Canadian bacon \$12
Smoked salmon \$13
Spinach \$11
Crab cakes \$13

Pancakes, French Toast or Waffle and Eggs

Combo Belgian waffle and two eggs any style with choice of bacon, ham or sausage link or patty \$11

Oatmeal With brown sugar cinnamon raisin and pecan topping \$6

Bananas Foster & Yogurt Parfait \$8

Corned Beef Hash, Two Eggs any style \$12

Sausage Gravy & Biscuits Country style \$10

Meat Lovers Platter Egg any style; Ham, Bacon, Sausage & Potato \$12

Smoked Salmon and Bagel Platter Smoked salmon, tomato, capers, hardboiled egg, cucumber & onion \$14

Yogurt Parfait Fresh Yogurt layered with seasonal berries and granola \$7

Vegan Scramble; Tofu, Onions, Pepper & Avocado \$9

Breakfast Sandwiches

Turkey, Swiss, Egg White on grilled bagel \$10

Breakfast Burrito Fresh egg, ham, onions, peppers, pepper jack cheese On Multigrain wrap with guacamole salsa sour cream \$11

Egg-white upon request

Fried Egg, Ham, Swiss ON grilled Texas Toast \$10

Sausage Patty, Fried Egg, Cheddar on grilled sourdough \$10

Extras

Fruit Plate \$10.
Half Grapefruit \$3.
Fruit Yogurt \$4.
Bagel & Cream Cheese \$4.
Cold Cereal \$4.
with Fruit \$5.

English Muffin \$2.
Breakfast Pastries *Muffin, Danish, Croissant* \$2
Single Egg \$2
Bacon, Ham or Sausage \$4.
Sausage Gravy \$4
Home Fries \$3.

Beverages

Juice: Orange, Grapefruit, Apple, Cranberry \$4.
Tomato or V8j
Starbucks Coffee: Regular or Decaffeinated \$3.
Cappuccino/Latte \$5.
Iced Coffee \$3

Espresso \$4
Milk: Non-fat, 2%, Whole, Chocolate or Soy \$2
Tazo Teas: Choose from a selection of hot teas \$3